

**Treloar Trust
Job Description**

Title: Specialist Physiotherapist

Accountable to: Head Physiotherapist

Responsible to: Head Physiotherapist

Location: Treloar School and College

Job Purpose:

- To act as a member of the multi-professional team working with students in the field of paediatric, adolescent, and young adult disability including respiratory at Treloar
- To take part in the advanced assessment and treatment of students who have highly complex, acute and chronic presentations.
- To ensure provision of a high-quality physiotherapy service for students with physical and learning disabilities.
- To enable the students to develop the skills needed to work towards being as independent as possible.
- To provide teaching, support and supervision of clinical practise to physiotherapy assistants and other members of Treloar staff.
- To demonstrate a sound understanding of clinical governance, clinical risk and to demonstrate the use of treatment plans with an evidence-based link.
- To liaise with other agencies, including education, wheelchair services, consultants, orthotist and community therapists.

Responsibilities:

Treloar School and College are independent providers of specialist education, care and therapy to students with highly complex physical, medical, neurological and learning difficulties. Within this complex organisation the post holder will work to ensure the provision of specialised therapy services providing an integrated model as part of the educational curriculum.

Key Tasks

Clinical:

- To carry out a comprehensive specialist assessment and organise treatment of students allocated to your list. This must be done with consideration for their educational, social and emotional needs.
- To be involved in assessing a wide range of conditions based on sound theoretical knowledge of anatomy, physiology and pathology.
- To assess, analyse and interpret clinical and non-clinical facts regarding the complex needs of students and their families and recommend, evaluate and re-assess specialised individual treatment plans under the guidance of more senior members of the team.

- To manage the physical aspects of the students' disabilities including assessment and provision of orthoses, wheelchairs, seating and other mobility equipment.
- To attend consultant, seating, wheelchair and orthotics clinics at Treloar and communicate with consultants and seating clinics outside Treloar.
- To use hydrotherapy as part of the programme for a number of students, when clinically indicated.
- To facilitate group exercise sessions, which may involve your own and other therapists' students.
- To increase knowledge within the specialist field by working with senior members of the therapy team and other health disciplines as appropriate.
- To treat acute and chronic respiratory conditions with advice as necessary, which will include participation in the on-call rota as a lone practitioner. This will include ongoing respiratory training in order to ensure clinical competency
- To manage the physical aspects of the students' disabilities including assessment and provision of orthoses, wheelchairs, seating and other mobility equipment, to enable an effective 24-hour postural management programme where appropriate
- To attend consultant, seating, wheelchair and orthotics clinics at Treloar and communicate by letter or telephone with consultants and seating clinics and with outside agencies as appropriate
- To use Hydrotherapy as part of the programme when clinically indicated
- To facilitate group exercise sessions, which may involve your own and other therapists' students
- To carry out, appropriate treatments on young people who may be immobile or with strong unpredictable movements in a variety of settings
- To take be aware of the safe use of equipment throughout Treloar adhering to safe manual handling practises. This will involve teaching members of staff the specific requirements for the use of equipment and at times complex manual handling techniques specific to each young person
- To undertake any other duties as may be deemed necessary, and be prepared to work at any location within the Trust.

Professional:

- To be an active member in the development of departmental objectives in accordance with the Trust strategic plan.
- To participate in in-service training, both within the therapy department and in the Trust as a whole.
- To organise the effective daily management of a caseload, including responding to urgent referrals, prioritising clinical work and balancing other student related and professional activities in accordance with departmental standards.
- To take on administrative and organisational tasks as required by senior members of staff.
- To participate in developing policy changes within the department and the Trust as a whole. To input into the into formal reports and reviews and to attend the annual reviews as required
- To participate in the Trust's clinical supervision and Individual Performance Review processes.
- To be professionally and legally responsible and accountable for all professional activities.
- To practice within the policies, protocols and standards required within the Treloar Trust and the Chartered Society of Physiotherapy Code of Conduct.

- To carry out risk assessments and moving and handling profiles for students with complex physical and postural needs with reference to senior staff as appropriate. To provide in-situ advice on student handling as appropriate.
- To keep accurate and relevant clinical records and treatment notes on each student about his/her progress, problems and changes which take place.
- To support and advise students and parents in the provision of specialist and mobility equipment, with support of a senior member of the team. This may include additional comprehensive assessments and writing references, reports and supporting letters.
- To promote student centred care by ensuring treatment in an appropriate caring and understanding environment according to individual needs.
- To keep up to date with clinical developments, analysing current research and discussing this with team colleagues.

Communication:

- To attend meetings and case conferences as appropriate ensuring an integrated multi-professional approach to student care.
- To communicate effectively within a complex structure which involves the education, care and treatment of disabled students, ensuring a multi-professional approach and integrated service.
- To demonstrate the ability to share and disseminate knowledge to colleagues.
- To motivate and be able to gain co-operation for treatment where there may be barriers to understanding, such as cognitive and sensory impairment, denial, grief, memory loss and cultural differences.
- To be able to manage, with support, potentially stressful, upsetting or emotional situations in an empathetic manner.
- To handle verbal complaints in an appropriate and professional manner and report this to senior staff.
- To communicate effectively and in a timely manner with the Head Physiotherapist or Deputy any problematic issues.

Management:

- To provide supervision and advice to physiotherapy assistants technicians and physiotherapy students and with support of a senior member of staff
- To comply with all Trust policies and procedures, such as the Health and Safety at Work Act and Safeguarding, including adherence to universal infection control measures.
- To keep up-to-date with mandated training which may include fire, manual handling, resuscitation, life saving and child protection training.
- To organise the effective daily management of a caseload, including responding to urgent referrals, prioritising clinical work and balancing other student related and professional activities in accordance with departmental standards.
- To take on administrative and organisational tasks as required by senior members of staff.

Other duties:

- To support the Trust in safeguarding and protecting the welfare of all students.
- To comply with policies and procedures relating to safeguarding, health and safety, equality and diversity, confidentiality and data protection, reporting concerns to an appropriate person.

- To maintain and develop own professional knowledge and awareness.
- To undertake any other such duties or general tasks and hours of work as may reasonably be required and any other responsibilities, which may from time to time, be delegated by your manager.
- A job description is not a rigid or inflexible document but acts to provide guidelines to the duties expected while in the post.
- This job description will be reviewed and amended in the light of changing professional demands.

Person Specification – Specialist Physiotherapist

Minimum	Desirable
Qualifications <ul style="list-style-type: none"> • Diploma /degree in Physiotherapy. • Health Professions Council Registration. • CSP member 	
Skills and Knowledge <ul style="list-style-type: none"> • Evidence of postgraduate /professional development • Understand the legal responsibilities of the profession. • Ability to present information, written & oral in a clear and logical manner. • Ability to organise and prioritise. • Willingness to participate in staff training. • Understanding of clinical governance and its implications to service delivery. 	<ul style="list-style-type: none"> • Some previous experience of working with children and/or young adults with disabilities.
Experience <ul style="list-style-type: none"> • Relevant post-registration experience with a broad range of rotations. • Competent I.T. and presentation skills. 	
Personal Qualities <ul style="list-style-type: none"> • A commitment to promoting and safeguarding the welfare of students • Ability to work within a multi-disciplinary team. • Ability to demonstrate empathy, sensitivity and tact. • Ability to communicate effectively with children and young people of all ages and abilities. • 	<ul style="list-style-type: none"> • Demonstrates a commitment to self-development.
Physical Requirements <ul style="list-style-type: none"> • Moderate to intense physical effort, ability to carryout concurrent activities. • Ability to cope with working in a stressful and unpredictable environment. • Ability to work on the on-call rota 	

Treloar Trust is committed to safeguarding children, young people and vulnerable adults.

All successful candidates will be subject to a DBS Check along with other relevant employment checks.

Both the job description and the person specification are subject to the Trust's equal opportunities policy.