

TRELOAR TRUST

JOB DESCRIPTION

Job Title:	Physiotherapy Support Worker
Base:	Treloar School / College
Location:	Treloar Physiotherapy Department
Managers' title:	Head of Physiotherapy

Job Summary

To provide support to the Physiotherapy team in delivering treatment programmes for children and young people, working under the direction of the Physiotherapy team.

The role supports students in their daily routines by integrating physiotherapy programmes into education, residential, and therapeutic activities, while monitoring progress and reporting back to the Physiotherapy team. Each day will consist of set time supporting students on the boarding houses, this will include supporting students to get up in the morning and completing their stretching programme. There will also be time during the school day working with students in the class, in their Physio sessions and in the pool.

Principle duties and responsibilities:

Clinical

- Deliver delegated physiotherapy programmes, including exercises, mobility work and manual techniques, as directed by a physiotherapist.
- Support students with daily routines (e.g. mornings, mealtimes, personal care) to integrate their physical programmes into everyday activities.
- Assist with hydrotherapy sessions, including preparation and support before and after pool use.
- Monitor student progress and provide timely feedback to the supervising physiotherapist, highlighting any concerns.
- Support group sessions alongside members of the Physiotherapy team.
- Encourage student independence and participation, demonstrating empathy and effective interpersonal skills.
- Ensure correct use of equipment (e.g. walking aids, standing frames) and report any issues or required adjustments.
- Maintain accurate clinical records in line with professional standards.

Organisational

- Assist with general departmental tasks (e.g. documentation, filing, preparing resources).
- Maintain cleanliness and safety of equipment and treatment areas, reporting faults as needed.
- Follow all risk assessments, manual handling guidance, and safety procedures.
- Provide support within residential settings at key times as required.

Communication

- Work closely with physiotherapists and multidisciplinary colleagues to support consistent delivery of care programmes.

- Communicate effectively with students who may have complex communication needs, adapting methods as required.
- Liaise with carers and staff to reinforce physiotherapy programmes and best practice.
- Contribute to team meetings and service development where appropriate.
- Work within clearly defined protocols, seeking guidance when needed and escalating concerns appropriately.

Education and development

- To role model best practice to students and carers, following established programmes prescribed by the Physiotherapist.
- To maintain and develop own professional knowledge and awareness, including mandatory training (manual handling, CPR, fire evacuation, lifesaving, safe guarding).

SUPPORTING INFORMATION

Effort

- On a daily basis to assist with treatments for children and young people who may be immobile or with strong unpredictable movements in a variety of settings; this may be physically demanding.
- To facilitate students whilst standing, walking, or transferring with or without manual handling equipment.
- To carry out stretching techniques on immobile or heavy limbs.
- To develop the dexterity, coordination and sensory skills to handle children and young people therapeutically for 'hands on' treatment,
- To work in an environment where work patterns are disrupted by frequent demands from other staff, students, parents and carers on a daily basis.
- To deal with emotionally distressing and sensitive situations such as when working with children and young people with terminal illnesses and chronic degenerative conditions.
- To work sensitively and appropriately with children and young people who may be depressed, withdrawn, aggressive or displaying challenging behaviour.
- To be able to multi task, this is required on a daily basis.

Working conditions

- The role involves regular physical activity, including supporting mobility, transfers and therapeutic handling.
- Work may take place across classrooms, residential settings, hydrotherapy pool and outdoor environments.
- Exposure to challenging or sensitive situations may occur; resilience and professionalism are essential.

Other duties

- To support the Trust in safeguarding and protecting the welfare of all students.
- To abide by the Trust's Confidentiality and Disclosure of Information guidelines.
- To comply with policies and procedures relating to safeguarding, health and safety, equality and diversity, confidentiality and data protection, reporting concerns to an appropriate person.
- To undertake any other such duties or general tasks and hours of work as may reasonably be required and any other responsibilities, which may from time to time, be delegated by your manager.
- A job description is not a rigid or inflexible document but acts to provide guidelines to the duties expected while in the post.
- This job description will be reviewed and amended in the light of changing professional demands.

Person Specification - Physiotherapy Assistant

Essential	Desirable
Qualifications/Attainments: Good general education, including Maths and English at grades 9-4 (A-C) at GCSE level or equivalent	Basic lifesaving qualification
Knowledge & Experience: At least 1 year of experience of working with children and or young adults with physical and or learning difficulties	An awareness of manual handling issues.
Skills and Abilities: - Good organisational skills. - Ability to work within a multi-disciplinary team. - Basic computer literacy. - Ability to work with a wide variety of professionals. - Ability to motivate young people. - Ability to demonstrate an empathy with young people who have impaired cognitive and physical abilities.	
Physical Requirements: - Physically capable of undertaking the duties required. - Ability to carry out moderate to intense physical effort throughout the day. - Ability to be flexible and able to work in an unpredictable environment. - Willingness to work with and care for students in hydrotherapy.	An interest in physical activity and an awareness of the benefits of exercise.
Personal Qualities: - A commitment to promoting and safeguarding the welfare of students - Good communication skills. - Ability to work unsupervised and as part of a multi - disciplinary team. - Ability to work between the house team and the Physiotherapy team. - Reliable / dependable /punctual.	
Personal Circumstances: - Some flexibility of working hours to cover meetings and training and needs of the students. - Able to start shift at 7am.	
<u>TRELOAR TRUST IS COMMITTED</u> <u>TO SAFEGUARDING CHILDREN, YOUNG PEOPLE AND VULNERABLE ADULTS</u> All successful candidates will be subject to a DBS Check along with other relevant employment checks	

**BOTH THE JOB DESCRIPTION AND THE PERSON SPECIFICATION ARE SUBJECT TO
THE TRUST'S EQUAL OPPORTUNITIES POLICY**